Public health impact of West Nile virus outbreaks in Europe in 2010

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WNV circulation in natural foci



The Vector



- Primarily bird-feeding mosquitoes (especially *Culex* spp., but WNV was isolated from *c.* 45 spp. worldwide)
- An estimated ≤1% of mosquitoes in endemic areas infected with WNV

The Host



- Birds: WNV found in >160 species
 - Corvids (crows, jays, magpies) have high mortality (>90%) in North America
 - Some other bird species found to have high, long-term viraemia; many are asymptomatic
- Mammals infrequently
- Humans are dead-end hosts
- Amphibia and wetland reptiles ?

WNV transmission to human

Infectious mosquito bites

Less frequent modes:

- Blood transfusion (USA: 23 cases 2002; 2003: 1,033/6,200,000 i.e. 0.02% of donor blood samples contained WNV)
- Organ and tissue transplantations (several cases)
- Intrauterine infection (one case)
- Breast milk (few cases).

Human infection

The majority (*c*. 80-85%) of infections are asymptomatic, but:

- 1 in 6 infected will have symptoms
- 1 in 150 will develop encephalitis
- 1 in 1500 will die



mild illness

~400,000 asymptomatic

~80% Asymptomatic

"West Nile fever"

WNF symptoms in humans

- moderate to high fever
- headache, sore throat, backache, myalgia, arthralgia, fatigue
- anorexia, nausea (vomiting)
- rash, lymphadenopathy
- acute aseptic meningitis or encephalitis (most fatal cases >60 years old)
- less often myocarditis, pancreatitis, hepatitis

Symptoms of WN encephalitis

- severe headache, high fever, neck stiffness, vomiting, disorientation, muscle weakness, ataxia, optic neuritis, seizures, coma and in some cases death
- other CNS symptoms identified in 2002 (U.S.A.):
 poliomyelitis-like syndrome
 - movement disorders
 - muscle degeneration (flaccid paralysis)

Sequelae

In some patients (after neuroinvasive form of the disease): pareses, great fatigue, headaches; psychotic problems (confusion, depression, decreased concentration ability, worsened memory).

Clinical symptoms in horses

Usually a neuroinvasive febrile illness: polioencephalomyelitis with ataxia, pareses, paralyses (up to tetraplegia) WNV-1: ataxia and pareses usually start on hind limbs, in WNV-2 on front limbs.

WNV distribution in Europe before 2010





Flavivirus West Nile (WNV) - 2010: activity in Europe about of the same intensity as in 2008 and 2009

exceptional epidemiological situations in:







Spain

Equine cases

 in Jerez and environs, Andalusia
(provinces Cadiz, Seville and Malaga, August to November

41 animals affected, 10 died

2 human cases

- Andalusia

Italy

2008 and 2009: 25 humans and 59 horses
Lombardy, Emilia-Romagna, and Veneto

- 2010: 2 } , ? 2
- 1 human case occurred in Veneto, August
- 8 equine cases reported near Trapani, and Molise since August





Austria and Hungary

- 2008 and 2009
 - Avian cases (eastern Austria, western Hungary): WNV lineage 2
 - 18 human cases of WNF: Hungary



Romania

- 57 human patients with WNF, July to October
 - southern, eastern and central regions
 - 4 of them died

WNV lineage-2 RNA detected

= the second greatest WNF outbreak in Romania since 1996

Bulgaria

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5 donkeys and 3 horses - sub-clinical WNV infections - in the North-East part



Non-European Mediterranean area, 2010



Total reported cases in Europe, 2010

WN disease:	Human	Equine
No. cases:	805	58
Fatal cases:	45	13
Fatality rate:	5.6%	22.4%

CONCLUSIONS

- WND cases in Europe occurred between July and October (November) 2010
- The fatality rate of human WND was highest in Greece (13.0%), while low in European Russia (1.3%)
- Epidemiological surveillance for WND is recommendable in southern Europe
- Mosquito control measures in WND foci should be implemented in June